



EFP-Database of experts in the field of Psychomotricity

Topic Special fields	<ul style="list-style-type: none"> ▪ Psychiatry and people with mental illness and problems ▪ Movement activities ▪ relaxation, dialogue ▪ psychomotor manual therapy, treatment and rehabilitation 		
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Educational background	Bachelor In Psychomotor And Relaxation Therapy (1991-1994) Studying psychological therapy, part time (2004-2007)		
Professional background	Head of Department of Relaxation and Psychomotor Therapy, University College Jutland, Denmark (2005-) Training and educating psychomotor therapist about psychiatry (1999-) 10 years in the psychiatry field as psychomotor therapist, in hospital and socialpsychiatry (1995-2005) Workshops and courses (personal development/psychomotoricity) for different groups (1-2 weeks). (1988-)		
Publication/s	Article in Danish around Psychomotor Leadership, published in Danske Afspændingspædagoger 2001		
Teaching language/s	Danish and English		