



EFP-Database of experts in the field of Psychomotricity

Topic Special fields	<ul style="list-style-type: none"> ▪ Stress and burnt out ▪ eating disorders ▪ chronic pains ▪ tonic-emotional dialogue ▪ relaxation 		
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Publication/s	2004: Holistisk Afspænding – teori og metode, ISBN: 87-91151-38-4 2005: Article in: Att utmana stressen, ISBN: 91-44-04706-1		
Teaching language/s	Danish, English		