



EFP-Database of experts in the field of Psychomotricity

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| Topic Special fields | <ul style="list-style-type: none"> ▪ Relaxation – psychomotor therapy ▪ Stressmanagement and body treatment in combination lectures ▪ Posture and basic exercises for sensitivity and strength ▪ Couples body and dialogue | | |
| First Name | Mai-Britt Juel | | |
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| homepage | www.huseschwab.dk | | |
| Educational background | Psychomotor and relaxation education Familie therapist the kempler Institute of scandinavia University degree in Psychology and Danish literature Futher education in couple- dialogue. The Imago methode. | | |
| Professional background | Twenty years general background with psycomothortherapy, in clinic and as coach. 8 years as director of psychomotor therapy school, teacher in eight years at the school. Stressspecialisation, in speeches, workshop, and treatment lecture | | |
| Publication/s | One cd-rom and three cd'es. All three of them with focus on stressreduction Articles in Reviews of psychomotor therapy Working on a book, Title Stress balance, edited in Autum 2006 | | |
| Teaching language/s | English, German | | |