



SWEDEN

I. Situation of the Profession

History and Development

In Sweden, psychomotricity has developed over the last 20 years mainly in the field of education.

In education, Swedish psychomotricity has developed from Germany and motopedagogics. It is used as a support in pre-schools, schools and for children with special needs.

Psychomotor/Professional Organisations

Forum for Psykomotorik, FfP, was founded in Stockholm 1995. The website of the organisation is www.psykomotorik.se. The main objectives and activities of the Swedish organisation are to spread knowledge about psychomotricity for teachers and professionals working with people with special needs. The FfP organizes weekend-courses and workshops and provides supervisors.

II. Education

Sweden does not have as yet an initial education in psychomotricity.

A number of 7.5 ECTS courses are given at the Linnéuniversity in Växjö (www.lnu.se) and Falun College (www.du.se). These courses have been given as a development of competence for teachers, special-teachers and physiotherapists.

III. Practice

Professional activity includes:

- Teachers and pre-school teachers with additional education in psychomotricity can get inspiration for their work.
- Own practice: consulting for children, adolescents and adults by psychomotor therapists (educated in another country with formal education of psychomotricity).

There are several projects being done for children, adolescents and adults. The results of these projects have influenced professionals to use psychomotricity in their work with people with special needs. These projects are financed by the local government.

There is no recognition of, or legal texts by the state or community.

Each institution decides how to use and pay for psychomotricity. There is no support from the community or social security, consequently psychomotricity is paid by the patient or employer. No medical prescription is necessary.