



### Strategies for founding initial education in psychomotor therapy and achieving recognition.

Mainly, there are three important pillars in the process to get an initial education in PMT or to get an already existing education recognized by the authorities:

1. **The education centres** where psychomotor therapists are educated. Maybe located in centres of advanced studies or at universities
2. **The organisation of professionals** working in the field of psychomotor therapy (PMT)
3. **The labour market** (institutions using psychomotor therapists, the health insurance or private persons who benefits from PMT)

Generally, these three parts must be strong and work closely together, especially the organisation of professionals and the education centres.

Below are listed different ideas that can promote the founding/recognition of an initial education:

- Build up a strong organisation of professional psychomotor therapists.
- Identify the profession psychomotor therapy. Describe the characteristics of the profession, specificities and differences from other professions and work out a professional profile.
- Use the definitions of psychomotor therapy worked out by EFP. Have it prepared as a pep-talk when needed.
- Work out a clear study plan for the education. Use the curriculum worked out by the EFP.
- If there is no national education in PMT: Work out a contact in an education centre interested in PMT as an initial education.
- Work out a strong contact and good co-operation between the national organisation of professionals and the education centre.
- Build up contacts to user institutions, to important people working in the health system and people working in the social security system.
- Take contact to the ombudsman for children in your home country.
- Define the limits to other health professions and pedagogical professions.
- Co-operate with other health professions and pedagogical professions.
- For those countries, where education in PMT is a further education for other professions: Keep the Swiss and Dutch models in mind: To build up an initial education in PMT does not exclude having another education in PMT as a further education for other professions in the same country.
- Use the scheme about how education in PMT is organised in the different member countries to give arguments for starting or having education recognized in your home country.
- The organisation of professionals should try to influence the social security systems to give reimbursements for psychomotor activities and treatments.



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- Create a network of people, who are very pro-PMT (politicians, people with influence, public persons etc.) to co-operate with you in the process and to promote the cause.
- Network with neighbouring countries without an initial education in PMT in order to get it, Finland and Sweden, The Czech Republic and Slovenia
- Make publicity, conferences, and congresses. In any and many ways: Communicate effects and results of PMT, write books and articles, use work from the research commission in EFP.
- Create a good website of the national organisation.
- Be process oriented and product oriented at the same time.